

# Dance Dance Revolution



## Event Permission Slip

Dance Dance Revolution (DDR) is a popular video game that allows players to physically interact with the program. Up to four people can compete at once. Players step on arrows on the floor mat that correspond with arrows on the screen to score points. More details can be found online at the website <http://www.ddrfreak.com>.

At this event, participants will have an opportunity to play the game and compete in a mini-tournament if they choose. Participants will be under the supervision of a Cary Memorial Library staff member at all times. To maximize participation, only 20 slots are available for each age group, on a first-come, first-served basis. This permission slip must be returned to participate.

## Personal Information

Participant's Name: \_\_\_\_\_

Age: \_\_\_\_ Grade: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Relevant Medical Conditions: \_\_\_\_\_

## Rules

1. Participants must behave in a manner respectful of the other participants, their personal property, and library property. All Library rules of conduct apply. Participants who do not follow directions or who behave inappropriately will be asked to leave.
2. DDR is a safe and fun game that gives a good workout! However, participants play this game at their own risk. The Library cannot be responsible for participants' health or fitness.
3. ALL participants must have a signed permission slip on file with the library. No visitors are allowed, even if they are not playing. Once you enter the program, you may not leave and return.
4. ALL participants must be entering grades 4-6 or 7-12.

## Parent Signature

My child may participate in the DDR Event. I understand and agree with the rules of this event.

Emergency Contact Number: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

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## About Dance Dance Revolution

Dance Dance Revolution (DDR) is a dancing video game. Imagine playing an electronic version of "Twister," or "Simon Says" for your feet. DDR is created by Konami and distributed for play on the X-Box, Playstation2, and Playstation platforms. It is also popular as a coin-op arcade game. At our event, we will be using DDR Ultramix 2 on an Xbox.

Instead of holding a controller, players stand on a floor mat. Music (mostly techno and dance) plays while the screen shows a pattern of steps with a scrolling series of arrows pointing left, right, up and down, like the image to the right (that would be a “left, right, back, forward” series of steps one beat apart).



The vertically scrolling arrows pass a horizontal row of arrows (like a bar) at the top of the screen that looks like this:

As the arrow scroll and pass the bar at the top of the screen, the player must step on the corresponding button on the mat, hitting the button on the mat as the arrow on screen passes the bar. On more complicated songs or levels, steps combine and the player might have to step on more than one button at a time. An announcer insults or praises the player as the game proceeds. Points are awarded for speed and accuracy, and the points and number of correct steps in a row add up to a letter grade AA-Failed. Each song has four levels of difficulty and six levels of speed. New songs are unlocked as a reward for progressive improvement and high scores. Participants may elect to play in Game Mode, Attack Mode or Battle Mode.



## DDR Tips:

- Wear comfortable, breathable, layered clothing.
- 30 minutes before gameplay, stop eating and drink a bottle of water.
- Stay hydrated! Drink lots of water.
- Relax! Hold your body loosely and breathe.
- Start moving when the music starts to get the beat. Don't ever stop moving – keep the beat.
- Listen to the music and count in your head – 1-2-3-4, 1-2-3-4.
- Watch the scrolling arrows, not the top of the screen.
- Start with songs that are under 100 beats per minute/less than 5 “feet.”
- You don't lose points for incorrect steps; you only gain for correct steps.
- Don't stomp - the pads are very sensitive.
- Don't move back to center of the pad after each step – stay on the arrows.
- Don't lift your feet too high or spread your legs too wide – save your energy by shifting weight.
- Use both feet.
- Try facing sideways, instead of forward.

**NOTE:** DDR is a physically exerting event. If you don't exercise regularly, you may be very tired and possibly sore the next day, so when you get home, eat two bananas (to increase your potassium level and lessen cramping) and lie on your back on your bed with your feet and legs propped up high against the wall (shoes off!) for about 30 minutes.