

MAY 2021

4 Alaska: America's Last Frontier with Bill Gette

Bill will take you on a photographic adventure through the Seward Peninsula where he will show you photographs of historic gold mining operations, Muskox, Long-tailed Jaeger, Short-eared Owl, and Red-necked Phalarope. In Denali National Park, he'll take you for a hike across the tundra and show you magnificent wildflowers, Caribou, and Brown (Grizzly) Bear. On the Kenai Peninsula, Bill will share his close encounters with Bald Eagles, Sea Otters, Humpback Whales, Dall's Porpoises, and Killer Whales.

7:00PM | ZOOM

6 The Secret Life of Grocery Stores

The miracle of the supermarket has never been more apparent. Like the doctors and nurses who care for the sick, suddenly the people who stock our shelves and operate our warehouses are understood as essential workers. In this talk, Benjamin Lorr will explore this world and the issues in it, drawing from his book *The Secret Life of Groceries: The Dark Miracle of the American Supermarket*.

7:00PM | ZOOM

10 Lexington Veterans' Monthly Meeting:

Human Intelligence and Counter-Intelligence in the U.S. Military

Presented by Edward Barr, Colonel, retired, USMC, military intelligence expert on SE Asia and the Middle East. Colonel Barr explains the difference between Human Intelligence (HUMINT)—spying, offensive—and Counterintelligence (CI)—prevent spying, defensive—and traces their evolution since 9/11. It's not always easy for these two teams to cooperate, but if they don't, lives can be on the line.

1:15PM | ZOOM

11 Garden Nursery Tours with Guy & Elaine Doran, Ashley Rooney

To herald the arrival of summer, local gardening experts Guy and Elaine Doran, with moderator Ashley Rooney, will take us on a tour of a few of their favorite nurseries in the area. Imagine packing that picnic, going on a day trip, and bringing home wonderful new plants.

7:00PM | ZOOM

13 Spectacular Spring Pools

Seasonal ponds—known as vernal pools—are full of life and can be found throughout our area. Join a representative from Mass Audubon to discover the life stories of invertebrates and amphibians who inhabit these pools. Fairy shrimp, salamanders, wood frogs and many more... come take a look! Hosted in partnership with the Watertown Free Public Library.

7:00PM | ZOOM

15 English for Chinese-Speaking Seniors

LEXCSEA (Lexington Chinese Senior English Academy) is a club at Lexington High School that teaches English to Chinese senior citizens. The hope is to help break down the language barrier which is especially crucial in these tough times. Come to these monthly zoom lessons to learn more!

1:00PM | ZOOM

18 Reel Discussions on Social Justice

For today, prior to the meeting (whenever works for your schedule), watch *She's Beautiful When She's Angry: The History of the Women's Liberation Movement* on Kanopy—the library's video streaming service—and then come to the meeting prepared to discuss!

7:00PM | ZOOM

20 Thriving at Home: Caring for a Loved One with Dementia

We're kicking off Lexington Goes Purple annual month-long series of events related to the Alzheimer's Association's Longest Day with a talk by Dave Tasto and Eunice Bempong, RN of Assisting Hands Home Care. Dave and Eunice will focus on how people can plan to stay in their own homes for as long as possible, making the home safe and managing health at home, and knowing when to ask for help or consider alternative living arrangements. They will also talk about how caregivers can care for themselves so they can continue caring for a loved one as long as possible.

7:00PM | ZOOM

24 Effective Advocacy: Lessons from East Asian Environmentalists

Local author and university professor Mary Alice Haddad joins us to share stories of effective advocacy in East Asian communities, and invites the audience to participate in breakout rooms to discuss how those lessons can be applied to life and situations in Lexington.

7:00PM | ZOOM

Weekly Events

Wednesdays @ 6:30 pm

Virtual Drop-In Knitting Group

Bring your project (any portable needle arts welcome!) to our casual gathering where you can work, talk, and share ideas together.

Wednesdays @ 6:45 pm

Deep Thoughts Discussion Group

Join this free discussion group, moderated by Robert Berend, J.D., Ph.D., who has been running these all over the world for more than twenty years. You can find them on Facebook at DeepThoughtsLex. All are welcome.

Bi-Weekly Events

Mondays 5/3 & 5/17 @ 12:30 pm

Guided Meditation

Join Leslie Gabriele as she teaches us valuable techniques to relax and reinvigorate before the stresses of the week take hold.

Monthly Events

Monday 5/10 @ 7:00 pm

Nature Photography with Dave Ewing

Share your nature photos or just come to enjoy! All are welcome.

Friday 5/14 @ 10:30 am

Socrates Cafe

At a Socrates Café, all present select a topic and have the opportunity to share their thoughts with no pressure to agree or disagree with each other. There are no prerequisites, and no reading or other preparation is required.

Back to Basics

7

Cooking with Chef Trisha Perez Kennealy: Breakfast in Bed

This month, we're getting ready for Mother's Day, with a scrumptious 'Breakfast in Bed' menu! Perfect for the whole family.

10:00AM | ZOOM

21

Sewing Circle: Spring Cleaning and Stain Removal

Join us for our next sewing circle where you can learn how to prepare to put away your winter clothes with simple techniques for removing stains, de-pilling sweaters, and caring for garment.

10:00AM | ZOOM

Book Clubs

5

Social Justice

7:00PM | ZOOM

10

Death by the Book Mystery

10:00AM | ZOOM

17

Monday Night

7:00PM | ZOOM

24

Nonfiction

7:00PM | ZOOM

Note: All programs are offered virtually. Registration is required for every program so that we may send you the Zoom link. Please email caryprograms@minlib.net with any questions about library events. We thank the Cary Library Foundation for sponsoring all adult programming.



Questions? Contact the Programming Department at caryprograms@minlib.net or at (781) 862-6288 ext 84450.