# SEPTEMBER 2025

CARY LIBRARY



Daily literacy-building activities to share with your child.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 WRITING	2 PLAYING	3 TALKING	4 SINGING	5 COUNTING	6 READING
	Create a weather chart with your child using pictures and words for Sunny, Cloudy, and Rainy. Each morning this week, check off the day's weather together.	Blow bubbles today. This strengthens muscles needed for speech.	Discuss opposites. Show examples of big and small, night and day, light and dark.  What other opposites can you find?	Clap your hands to the beat of a favorite song.	Count snacks.  How many crackers are there?	Read a book about insects that are active in late summer, like crickets or cicadas. Talk about how you can hear them at night.
7 WRITING	8 PLAYING	9 TALKING	10 SINGING	11 COUNTING	12 READING	13 WRITING
Write your to-do list together. Have your child check off each task as it is completed.	Set up a tinkering station with materials like craft supplies, cardboard, and tape. Children can use their imaginations to create their own inventions.	Ask your child "What is your favorite game to play?" Talk about why and play it if you can.	Sing a favorite song in parts. You sing, then your child, then you, and so on.	Count aloud as your child puts pebbles in a container one at a time, up to ten.	Have a family book club. Each person brings a book for a story time.	Pop bubble wrap or play with squirt toys to develop muscles needed for writing.
14 PLAYING	15 TALKING	16 SINGING	17 COUNTING	18 READING	19 WRITING	20 PLAYING
Tape a sheet of contact paper to the wall, sticky side out. See which toys stick and which do not.	Make silly sounds today. Encourage your child to also make silly sounds.	Play talent show. Each person sings a song or plays an instrument. (Instruments can be any noise-making items around the house.)	Gather common items like a key, comb, toothbrush, and pen. With your child, arrange them from smallest to largest; then, reverse the order from largest to smallest.	Pick a favorite book. Ask your child to tell you what happens before you start reading.	Use your fingers to draw shapes in the air. Take turns guessing what each person drew.	Go on a scavenger hunt. Look for things that begin with the "p" sound, like a plate, a pan, a pen.
21 TALKING	22 SINGING	23 COUNTING	24 READING	25 WRITING	26 PLAYING	27 TALKING
Take turns telling each other simple stories.	Sing or say "If You're Happy and You know It." (Words are on the back. 🍎)	Use toy blocks to measure how long something is. How many blocks long is your arm, your foot, etc.?	Hang up a piece of paper with the words to "Are You Sleeping?" and sing it every morning and night.  (Words are on the back. )	Write your child's first name. Talk about the first letter of their name. Make the sound and say words that begin with the letter.	Play "Hot and Cold."  (Instructions are on the back. ♠)	Use family photos to tell different stories. Encourage your child to tell a story.
28 SINGING	29 COUNTING	30 READING				
Have a family sing-along. Each person gets to pick a favorite song.	Count the number of people in your family. How many kids? How many grownups? How many pets?	Ask your child questions as you read to them today.  What do you think will happen next? Where did the little dog go?				

#### Playing to Learn New Words

Play and have fun with words:

- Read a book with lots of made-up words like "Du Iz Tak? by Carson Ellis.
   Try making up more words to go with the story.
- Silly poems are fun and can teach new vocabulary.
- Kids love riddles and jokes, which often use a "play on words." Laugh along as you talk about the answer to the riddle or joke.
- Having fun with words helps your child become more conscious of words and happy to keep learning.

### IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands. (clap, clap)

If you're happy and you know it clap your hands. (clap, clap)

If you're happy and you know it and you really want to show it, if you're happy and you know it clap your hands.

(clap, clap)

OTHER VERSES: STOMP YOUR FEET! TURN AROUND! SHOUT HOORAY! DO ALL FOUR!

#### **HOT AND COLD**

- Select a household item for hiding.
- 2. The finder closes their eyes while the hider hides the item somewhere in the room.
- 3. The finder searches for the item while the hider provide clues.
- 4. When the finder is close to the item, the hider responds "you're hot!"
- 5. When the finder is far from the item, the hider responds "you're cold!"
- 6. Take turns being the hider and the finder.

#### **ARE YOU SLEEPING?**

Are you sleeping, are you sleeping?

Brother John, Brother John?

Morning bells are ringing, morning bells are ringing,

Ding ding dong, ding ding dong.



# **Books to Read this Month**

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

#### FOR READERS AGES 0-2

#### **Fall is Here**

by Frankie Jones

#### I'm A Little Pumpkin

by Hannah Eliot

#### In the Middle of Fall

by Kevin Henkes

## FOR READERS AGES 3+

#### The Leaf Thief

by Alice Hemmings

#### **Apples and Pumpkins**

by Anne Rockwell

#### **Pumpkin and Penguin**

by Saline Youn

