

## BOOK CLUBS

### SOCIAL JUSTICE

WED Jan 6 @ 7:00pm

### DEATH BY THE BOOK (MYSTERY)

MON Jan 11 @ 10:00am

### ROMANCE (author panel)

WED Jan 13 @ 7:00pm

### MONDAY NIGHT

TUE Jan 19 @ 7:00pm

### NON-FICTION

MON Jan 25 @ 7:00pm

## MONTHLY PROGRAMS

### SOCRATES CAFÉ

1st FRI of the month @ 10:30am

### WRITERS' GROUP

On Hiatus

## WEEKLY PROGRAMS

### DROP IN KNITTING

WED @ 6:30pm

### DEEP THOUGHTS DISCUSSION GROUP

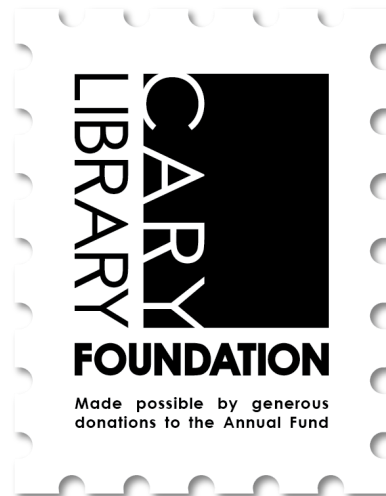
WED @ 6:45pm

All Cary Programs are  
Free and Open to the Public

Programs are  
subject to change.  
Please check our  
website for the most  
current information!

All programs are  
**VIRTUAL** and  
**require registration**—  
please visit our program calendar  
to sign up for the programs  
that interest you.

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## ADULT PROGRAMS

# JANUARY 2021

[caryllibrary.org](http://caryllibrary.org)

### FINANCIAL BASICS: FINANCIAL PLANNING FOR LONG TERM CARE

TUE Jan 5 @ 7:00pm

What steps can you take early on to make things easier in the future?

### POETRY SERIES

THU Jan 7 @ 7:00pm

We are thrilled to present another set of fantastic poets to read from their work for us!

### BACK TO BASICS: COOKING WITH CHEF TRISHA PÉREZ KENNEALY: WINTER SOUPS

FRI Jan 8 @ 10:00am

The best way to get through the winter is with some yummy soups to warm you inside and out.

### POSITIVE PSYCHOLOGY: BE HAPPIER AND KNOW WHY

SAT Jan 9 @ 10:00am

Join Lara Kallander in this interactive class to discover which tools work best for you to create new positive habits.

### LEXVETS: DO MORALS MATTER? PRESIDENTS AND FOREIGN POLICY FROM FDR TO TRUMP

MON Jan 11 @ 1:15pm

Prof. Joe Nye rates the ethical foreign policy decisions of fourteen presidents from FDR to Trump, focusing on the three dimensions of ethical behavior: intentions, means, and consequences.

### PLANNING FOR THE SPRING TIME WITH GUY DORAN AND ASHLEY ROONEY

MON Jan 11 @ 7:00pm

Let's get started with garden catalogs, learning what the new introductions are all about, and answering all of your winter gardening questions.

### DINOSAURS OF THE WEST WITH PALEONTOLOGIST(ISH) JEAN-PIERRE CAVIGELLI

TUE Jan 12 @ 7:00pm

Jean-Pierre Cavigelli, LHS class of 1979, will be discussing his excavations, discoveries, and theories of the history of dinosaurs in America.

### ROMANCE PANEL: ALL ROADS LEAD TO ROMANCE

WED Jan 13 @ 7:00pm

Eloisa James, Nisha Sharma, Vanessa Riley, James Bailey, and Kate Bateman talk about where they've been and what led them to writing romance.

### MEREDITH MAY, AUTHOR OF "THE HONEY BUS"

THU Jan 14 @ 7:00pm

Join author Meredith May for a virtual presentation related to her captivating memoir, THE HONEY BUS.

### BACK TO BASICS: SEWING CIRCLE: REPAIRING MOTH HOLES

FRI Jan 15 @ 10:00am

Learn how to reinforce and repair holes in knitted sweaters using Swiss darning techniques.

### 教中国老人的英文课 - ENGLISH FOR CHINESE-SPEAKING SENIORS

SAT Jan 16 @ 1:00pm

LEXCSEA is a club at Lexington High School that teaches English to Chinese senior citizens.

### CHICKEN TIKKA MASALA WITH CHEF SHAILINI SISODIA

TUE Jan 19 @ 7:00pm

Come learn how to prepare this beloved dish, alongside a big pot of Basmati rice, to soak up all the savory deliciousness!

### REEL DISCUSSIONS ON SOCIAL JUSTICE

TUE Jan 19 @ 7:00pm

Join us for our first film discussion series on social justice! Click on the link for more info.

### NATURE PHOTOGRAPHY WITH DAVE EWING

WED Jan 20 @ 7:00pm

Share your nature photos or just come to enjoy! All are welcome.

### BILL GETTE: THE WILDLIFE OF THE ANTARCTIC OCEAN AND ISLANDS

THU Jan 21 @ 7:00pm

Bill will share photographs of these remote, forbidding, yet beautiful islands as well as the birds and mammals that live and breed there.

### MEMOIR WRITING: SHARE THAT STORY OF YOURS!

SAT Jan 23 @ 10:00am

Melissa Juchniewicz will show you that with just your memories and pencil and paper, you can begin to voice your wonderful stories.

### GUIDED MEDITATION WITH LESLIE GABRIELE

MON Jan 25 @ 12:30pm

Start your week off right and mindfully in this bi-weekly program with Leslie Gabriele!

### THE HISTORY OF THE BIG DIG WITH DAVID KRUH

MON Jan 25 @ 7:00pm

Back by popular demand! Get the scoop on one of the country's most expensive and ambitious construction projects, from a former spokesperson of the project.

### AN EVENING WITH EXTREME SWIMMER AND AUTHOR—LYNNE COX

TUE Jan 26 @ 7:00pm

Learn all about Lynne's records and recorded firsts—including her swim across the Bering Strait!

### GRASSROOTS ORGANIZING: A PERSPECTIVE FROM THE LEFT, RIGHT, AND CENTER

WED Jan 27 @ 7:00pm

Based on Eitan Hersch's NY Times article titled, 'Listen Up, Liberals: You Aren't Doing Politics Right', we'll delve into how the left, right, and center have built bases over time and what each can do to be more (or less) effective.

### NATURE'S BEST HOPE, WITH DOUG TALLAMY

THU Jan 28 @ 7:00pm

Professor Doug Tallamy will discuss simple steps that each of us can-and must-take to reverse declining biodiversity and will explain why we, ourselves, are nature's best hope.

### THE VINYL COUNTDOWN: THE HISTORY OF ALBUMS WITH TRAVIS ELBOROUGH

SAT Jan 30 @ 2:00pm

Travis asks 'does the concept of an album mean anything?' This question especially rings out as vinyl records have surpassed CD sales! Join us for this exciting history.